

Our Favourite Sax Warmups

Sax School Online Podcast Ep 2

Nigel's Low Note Leaps

Tips: Use a drone on your tuner to guide your intonation with your ears.
Practice on Bb, B and C

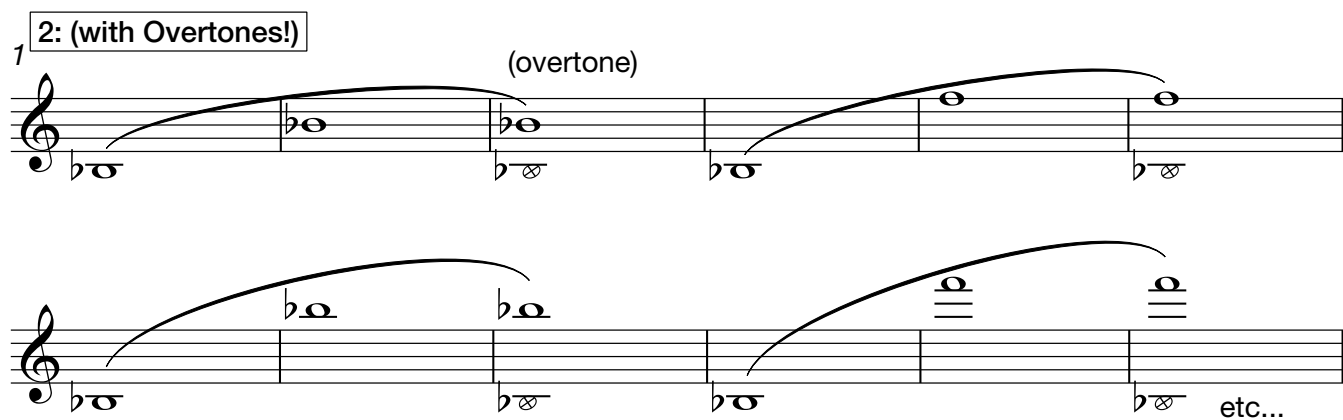
1:



2: (with Overtones!)

1

(overtone)



Joel's Triad Warmup

Tips: Use this exercise in all keys, but choose 1 or 2 keys in each session.
For an extra challenge play along with a "dominant drone tone", which in the key of C would be a G.

1 5 3 3

C Dm

Em F

G Am

Bdim C etc...

Want more help?

Try Sax School today for 14 days here:
SaxSchoolOnline.com

Fred's Pivot Point Warmup

1) Start your metronome at 80 BPM. As you develop your breath control you should be able to slow the exercise down (faster is not the goal!)

2) Keep your Embouchure activated. Keep the mouthpiece in your mouth and breath through your nose (for the purpose of this exercise). This will really help develop those embouchure muscles. Taking the sax out of your mouth to breathe is a tough habit to break, but that is the key. Videotape yourself and watch to make sure you are not breathing through your mouth.

Tips: If you have the TE Tuner, set it to play the tone that you are playing (watch the video) and listen to the tone and try to match the pitch (you'll need to wear headphones for this or it will feedback).

