

Nigel's Saxophone Practice Room

Checklist

Ready

Where you practice is super important. Choose wisely to set yourself up for a successful, productive practice workout session!

My space is:

- Away from distractions and people.
- No TV, Facebook or other social media.
- Plenty of light and enough room for me.
- Somewhere with carpets, curtains or heavy furnishings.

Set

Make sure you have all the gear you need so you can focus on the important stuff.

I have:

- Music stand.
- Sax School lessons ready on computer or tablet (or music books).
- My music diary.
- Reeds, pencil and cleaning gear.
- Metronome.
- Tuner (My current favourite is Total Energy Tuner).
- Optional but recommended: Simple audio recorder (like smartphone app).

Go!

You're ready to have an awesome, productive practice session! Now keep your momentum going with these tips:

I have:

- Set a schedule of when I will practice this week.
- Told my spouse / family / housemates that I need to stick to it (and asked them to keep me to this!).
- Set up my practice diary to record my progress.
- Planned out the 4 elements to each practice session: Warmup / Technique / New Stuff / Something Fun.

Get more practice tips with **The Ultimate Guide to Practicing Saxophone**
www.mcgillmusic.com/book

