

McGill Music.com SAX SCHOOL

Saxophone Practice Planner

Weekly practice target: _____ Days / _____ Minutes per session

	Mon	Tues	Wed	Thur	Fri	Sat	Sun
6am							
7am							
8am							
9am							
10am							
11am							
Noon							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm-5am							

Tips:

- * Mark off the time you spend on essential tasks like work, sleep and family commitments
- * Look at what's left and commit to a time for practice by organising your leisure activities
- * Set yourself a big goal with your practice and go for it!